



ABDOMINAL ULTRASOUND PREPARATION

Alpha Vascular & Ultrasound Center

234 Russell Street, Suite 204 • Hadley, MA 01035

Phone: (413) 387-0022 **Fax:** (413) 674-0001 **Email:** info@alphavascular.com

Before Your Examination

Do not eat or drink for **6-8 hours** before your abdominal ultrasound. Essential prescription medications may be taken with small sips of water unless instructed otherwise.

Why Fasting Is Important

Fasting reduces bowel gas and improves visualization of the liver, gallbladder, bile ducts, pancreas, spleen, kidneys, and abdominal aorta.

Please Bring

- Photo ID
- Insurance card (if applicable)
- Physician referral or order (if required)

Day of Your Appointment

- Arrive 15 minutes early.
- Wear comfortable two-piece clothing.
- If you have diabetes or special dietary needs, contact our office before your appointment.

Questions?

Phone: (413) 387-0022 **Fax:** (413) 674-0001

Email: info@alphavascular.com

Our Commitment

We are committed to providing a comfortable patient experience, high-quality diagnostic imaging, and timely results.