



VASCULAR ULTRASOUND PREPARATION

Alpha Vascular & Ultrasound Center

234 Russell Street, Suite 204 • Hadley, MA 01035

Phone: (413) 387-0022 Fax: (413) 674-0001

Email: info@alphavascular.com

Most Vascular Ultrasound Examinations

No special preparation is required for most vascular ultrasound examinations. You may eat, drink, and take your regular medications unless your healthcare provider has instructed you otherwise.

Exam-Specific Preparation

Vein Mapping: Stay well hydrated before your appointment.

Venous Reflux / Varicose Vein Evaluation: Wear loose-fitting clothing or shorts if possible. Avoid wearing tight compression stockings immediately before your examination unless instructed otherwise.

ABI / TBI and Arterial Studies: Wear comfortable clothing that allows easy access to your arms and legs. Avoid strenuous exercise immediately before your examination.

Carotid, DVT, Dialysis Access, Pseudoaneurysm, Bypass Graft, Stent Surveillance, and Thoracic Outlet Studies: No special preparation is required.

Please Bring

- Photo ID
- Insurance card (if applicable)
- Physician referral or order (if required)
- Comfortable clothing that allows access to the area being examined.

Questions?

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Our Commitment

We are committed to providing a comfortable patient experience, high-quality vascular ultrasound examinations, and timely results for your healthcare provider.