



KIDNEY & BLADDER ULTRASOUND PREPARATION

Alpha Vascular & Ultrasound Center

234 Russell Street, Suite 204 • Hadley, MA 01035

Phone: (413) 387-0022 Fax: (413) 674-0001 Email: info@alphavascular.com

Before Your Examination

Arrive with a **comfortably full bladder**. Drink approximately **24–32 ounces (3–4 cups)** of water about one hour before your appointment and **do not urinate** until instructed.

Why a Full Bladder Is Important

A full bladder allows optimal visualization. **If your bladder is not full, it may not be possible to evaluate it completely**, and your examination may be limited or delayed.

Do I Need to Fast?

No. Fasting is **not required** for a routine kidney and bladder ultrasound unless your healthcare provider gives different instructions.

Please Bring

- Photo ID
- Insurance card (if applicable)
- Physician referral or order (if required)

Questions?

Phone: (413) 387-0022

Fax: (413) 674-0001

Email: info@alphavascular.com

Our Commitment

We are committed to providing a comfortable patient experience, high-quality diagnostic imaging, and timely results.